

**Retreat BOOKING FORM Carol Young and Sue Price 2010  
Retreat at St Non's Friday May 7<sup>th</sup> to Sunday May 9<sup>th</sup>  
Booking Form**

**Name**

**Address**

**Telephone number**

**Email**

**You can arrive anytime after 4.00 pm on Friday 7<sup>th</sup> May 2010  
Weekend ends 2.30pm on Sunday 9<sup>th</sup> May**

**Please state room preference**

Price includes room, full board, all workshops and one therapy.	Price Per person	Number Of people	Total cost	Less deposit £80pp	Total to pay
Twin room per person	£190				
Single room	£220				

**NB A non-returnable deposit of £80 per person is needed to book your place**

- Any health problems / injuries?
- Would you prefer: Head neck and shoulder aromatherapy massage  
Reflexology
- Any dietary needs or other information you think we should know
- Have you been on a retreat before? Yes / No
- What are you hoping to gain from this retreat?
- How did you find out about this retreat?

**Please make your cheque(s) payable to: Carol Young  
Send to: Carol Young 10 Tair Erw Road Birchgrove Cardiff CF14 4QZ  
Thank you**